

zoom

## TRAINING SESSION

**COURSE:** Creative Writing for Journalists  
**DURATION:** 4 sessions of 90 minutes  
**TUTORS:** **Catherine Deveney**

### OUTLINE:

This course will be delivered via four 90 minute sessions.

The aim of the course will be to offer writing techniques to journalists that may influence their professional choices, but also have a positive impact on their personal lives.

The course will look at the use of personal thoughts, feelings and experiences in the creation of fiction. There will be an exploration of the evidence for creative writing for well-being, and how writing can be used as part of mindfulness for good mental health.

The course will cover plot, character, setting, description, structure, the use of first and third person narration, dialogue, and research for writing. As this course is mainly for journalists, the use of journalistic material as a launchpad for fiction will be considered, particularly the use of interviewing.